

March, 2020 NUTRITION SERVICES OF SHELBY COUNTY 937-492-6900

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2, 2020 6 oz Pork with Kraut 4 oz Roasted Parsnips & Carrots 4 oz Cinnamon Applesauce 1 pc Wheat Bread	March 3, 2020 6 oz Cheese Ravioli w/ Sauce 4 oz Capri Vegetable Blend 1 ea Buttered Breadstick 1 pc Frosted Chocolate Cake 1 pkg Parmesan Cheese	March 4, 2020 3 oz Roast Turkey 4 oz Mashed Potatoes/ Gravy 4 oz Roasted Vegetables 1 pc Vanilla Pudding Cake 1 ea Dinner Roll	March 5, 2020 6 oz Pork Chop Supreme 4 oz Mashed Potatoes 1 ea Green Beans 1 ea Wheat Bread 1 pkg Peanut Butter Brownie	March 6, 2020 3 oz Creole Fish 4 oz Rice Pilaf 4 oz Spinach 4 oz Fruit 1 pc Wheat Bread
March 9, 2020 6 oz Baked Spaghetti 4 oz Green Beans/Mushrooms 1 ea Garlic Bread Knot 4 oz Vanilla Mousse 1 ea Parmesan Cheese	March 10, 2020 3 oz BBQ Chicken Breast 4 oz Roasted Sweet Potato Wedges 4 oz Corn O'Brien 1 ea Lorna Doone 1 ea Dinner Roll	March 11, 2020 3 oz Chicken Marsala 3 oz Parsley Noodles 4 oz California Vegetable Blend 1 ea Snickerdoodle 1 pc Wheat Bread	March 12, 2020 3 oz Meatloaf 4 oz Garlic Mashed Potatoes 4 oz Brussel Sprouts 1 ea Red Velvet Roulade 1 ea Dinner Roll	March 13, 2020 3 oz Italian Sausage w/ Peppers & Onions ★ 4 oz Oven Browned Potatoes 1 ea Turtle Square 1 pc Garlic Toast
March 16, 2020 3 oz Pork Chop Suey 3 oz White Rice 4 oz Oriental Vegetable Blend 4 oz Cherries in the Snow 1 ea Dinner Roll	March 17, 2020 3 oz BBQ Ribs 4 oz Baked Beans 4 oz Cream Corn 1 pc Wheat Bread 1 pc Peanut Butter Pie 	March 18, 2020 3 oz Swedish Meatballs 3 oz Egg Noodles 4 oz Whole Baby Carrots 1 ea Harvest Apple Strudel 1 pc Wheat Bread	March 19, 2020 3 oz Creamy Swiss Chicken 4 oz Red Bliss Potatoes 4 oz Brussel Sprouts  4 oz Berry Pear Crisp 1 ea Dinner Roll	March 20, 2020 3 oz Lemon Baked Fish 4 oz Mushroom Stuffing 4 oz Prince Charles Veggie Blend 4 oz Raisin Rice Pudding 1 pc Wheat Bread
March 23, 2020 3 oz Pot Roast 4 oz Garlic Mashed Potatoes 4 oz Asparagus 4 oz Fruit Cocktail 1 ea Dinner Roll	March 24, 2020 3 oz Sloppy Joe w/ Bun 4 oz BBQ Baked Beans 4 oz Potato Salad 4 oz Pudding	March 25, 2020 6 oz Chicken & Broccoli Pot Pie 4 oz Roast Yellow Squash/Peppers 1 ea Princess Bar 1 pc Wheat Bread	March 26, 2020 3 oz Herb Rubbed Pork Tenderloin 4 oz Roasted Red Potatoes 4 oz Green Beans 4 oz Pudding Cookie Parfait 1 ea Dinner Roll	March 27, 2020 3 oz Spaghetti Sauce w/Meatballs 3 oz Spaghetti Noodles ★ 1 C Tossed Salad 1 ea Buttered Breadstick 1 ea Ginger Spiced Blondie Bar
March 30, 2020 6 oz Beef Stew Pot Pie 4 oz Whole Baby Carrots 1 ea Biscuit 1 pc Cherry Pie	March 31, 2020 3 oz Turkey Cacciatore 3 oz Egg Noodles 4 oz Crumb Top Brussels Sprouts 1 ea Biscuit 1 ea Gingersnap Cookie	April 1, 2020 3 oz Roast Beef 4 oz Baked Potato 4 oz California Vegetable Blend 1 pc Strawberry Shortcake 1 ea Dinner Roll	April 2, 2020 6 oz Turkey Potato Au Gratin 4 oz Peas & Pearl Onions 1 pc Chocolate Cream Pie 1 pc Wheat Bread	April 3, 2020 6 oz Chicken & Dumplings 4 oz Mixed Vegetables ★ 1 ea Biscuit 1 ea Red Velvet Cupcake

Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions concerning ingredients call 492-6900. Menus are subject to change. All meals served with milk or milk substitute. We offer fruit in place of sweets. If you wish this substitution, please tell your driver or call Nutrition Services.

CONSUME MEAL IMMEDIATELY OR REFRIGERATE. REHEATING INSTRUCTIONS: Peel back film to vent or slit film. *Microwave:* Reheat 2-3 minutes OR *Conventional Oven:* Place on cookie sheet, heat at 350 degrees for 10 minutes.

ROUTE CLOSINGS: We announce any closing on WMVR Radio 105.5 and also attempt to call you. There are varying factors every time of the year that can affect your delivery times. *Thank you for your*

CALL 492-6900

Please call by 9:00 A.M. if you will not be home for your meal delivery OR you may tell your driver in

Menu posted at <https://fairhavenservices.com/our-services/nutritional-services/>

Lent meal available - let your driver know if you wish to have one!