


MONDAY August 3, 2020		TUESDAY August 4, 2020		WEDNESDAY August 5, 2020		THURSDAY August 6, 2020		FRIDAY August 7, 2020	
6 oz	Beef Noodle Casserole	3 oz	Bourbon Pork Chop w/Apples	3 oz	Pot Roast	3 oz	BBQ Pulled Pork	3 oz	Cracker Crumb Chicken
4 oz	Whole Baby Carrots	4 oz	Whipped Sweet Potatoes	4 oz	Mashed Potatoes	4 oz	Corn	4 oz	Sweet Potatoes
1 ea	Banana	4 oz	Collard Greens with Bacon	4 oz	Lima Beans	4 oz	Baked Beans	4 oz	Broccoli
1 pc	Wheat Bread	1 pc	Wheat Bread	1 ea	Dinner Roll	1 ea	Southern Style Biscuit	1 ea	Dinner Roll
		1 pc	Applesauce Cake	1 pc	Key Lime Cake	4 oz	Watermelon	1 pc	Strawberry Pretzel Square
August 10, 2020		August 11, 2020		August 12, 2020		August 13, 2020		August 14, 2020	
6 oz	Beef Tetrzzini	3 oz	Mandarin Pork Roast	3 oz	Beef with Broccoli	3 oz	Mediterranean Chicken	3 oz	Homestyle Veal
1 pc	Garlic Toast	4 oz	Roasted Red Potatoes	4 oz	White Rice	4 oz	Lemon Herb Penne Pasta	4 oz	Sour Cream/Chive Potatoes
4 oz	Cherry Crisp	4 oz	Green Beans	4 oz	Sugar Snap Peas	4 oz	Sauteed Fresh Zucchini	4 oz	Whole Baby Carrots
1 C	Tossed Salad	1 ea	Dinner Roll	1 pc	Wheat Bread	1 ea	Dinner Roll	1 ea	Dinner Roll
		1 ea	Blueberry Cheesecake	1 pc	Carrot Cake	1 pc	Vanilla Pudding Cake	1 ea	Butterscotch Brownie Parfait
August 17, 2020		August 18, 2020		August 19, 2020		August 20, 2020		August 21, 2020	
3 oz	Herb Crusted Cod	3 oz	BBQ Rib	3 oz	Mustard Glazed Beef	4 oz	Chicken Cordon Bleu Cass.	6 oz	Lasagna
4 oz	Baked Potato	4 oz	Mac and Cheese	4 oz	Garlic Mashed Potatoes	4 oz	Capri Vegetable Blend	4 oz	Italian Blend Vegetables
4 oz	Whole Baby Carrots	4 oz	Corn	4 oz	Brussels Sprouts	1 C	Tossed Salad	1 pc	Garlic Toast
1 ea	Dinner Roll	1 pc	Wheat Bread	4 oz	Blueberry Crisp	1 pc	Wheat Bread	1 pc	Cheesecake with Cherries
1 pc	Cherry Cake	4 oz	Watermelon	1 ea	Dinner Roll	4 oz	Berry Applesauce		
									
August 24, 2020		August 25, 2020		August 26, 2020		August 27, 2020		August 28, 2020	
3 oz	Swedish Meatballs	3 oz	Turkey Cacciatore	6 oz	Sloppy Joe/Macaroni Casserole	6 oz	Turkey Pot Pie	3 oz	Beef Teriyaki
4 oz	Egg Noodles	4 oz	Egg Noodles	4 oz	California Medley	4 oz	Roasted Brussels Sprouts	4 oz	White Rice
4 oz	Peas & Pearl Onions	4 oz	Key West Vegetables	1 pc	Garlic Toast	1 ea	Corn Muffin	4 oz	Sugar Snap Peas
1 ea	Dinner Roll	1 ea	Biscuit	1 C	Tossed Salad	1 ea	Pumpkin Pie Bar	1 ea	Dinner Roll
1 pc	Butterscotch Cream Cheese	1 ea	Gingersnap Cookie	1 ea	Pudding & Cookie Parfait			1 ea	Strawberry Cupcake
August 31, 2020		September 1, 2020		September 2, 2020		September 3, 2020		September 4, 2020	
3 oz	Pork Chop w/fruit compote	6 oz	Turkey/Stuffing Casserole	3 oz	Meatloaf	3 oz	Maple Glazed Chicken	6 oz	Baked Spaghetti
4 oz	Long Grain & Wild Rice	4 oz	Green Beans	4 oz	Garlic Mashed Potatoes	4 oz	Baked Sweet Potato Half	4 oz	Buttered Breadstick
4 oz	Dilled Carrots	1 C	Tossed Salad	4 oz	Roasted Brussels Sprouts	4 oz	Cream Corn	1 C	Tossed Salad
1 ea	Dinner Roll	1 ea	Dinner Roll	1 ea	Wheat Bread	1 ea	Dinner Roll	1 ea	Tiramisu Cake
1 pc	Texas Sheet Cake	4 oz	Raisin Rice Pudding	1 ea	Peanut Butter Brownie	1 pc	Sour Cream Orange Cake		

MENUS/FOOD PREPARATION: Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions call 937-492-6900 or view our website. Menus are subject to change. All meals served with milk or milk substitute. We offer fruit in place of sweets; please call Nutrition Services if you wish this substitution.

CONSUME MEAL IMMEDIATELY OR REFRIGERATE

REHEATING: Peel back film to vent or slit film. *Microwave:* Reheat 2-3 minutes *or Conventional Oven:* Place on cookie sheet, heat at 350 degrees for 10 minutes.

ROUTE CLOSINGS: We announce any closing on WMVR Radio 105.5 and also attempt to phone you. Please keep us informed of changes in phone numbers.

DELIVERY TIMES: Your delivery times may vary slightly from day to day. Please be patient with your drivers as they attempt to serve you in a safe and timely manner!

CANCELLATIONS: We cannot leave meals if you are not home. Please cancel in advance by informing your driver or calling Nutrition Services at 937-492-6900.

