



NUTRITION SERVICES OF SHELBY COUNTY

937-492-6900

Menu Posted at: <https://fairhavenservices.com/our-services/nutritional-services>

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
May 3, 2021		May 4, 2021		May 5, 2021		May 6, 2021		May 7, 2021	
3 oz	BBQ Pork	3 oz	Herb Marinated Chicken	3 oz	Beef Fajita Mixw/Queso	3 oz	Cabbage Rolls	3 oz	Fire Braised Pork Shoulder
4 oz	Baked Beans	4 oz	Parsley Noodles	4 oz	Spanish Rice	4 oz	Mashed Potatoes	4 oz	Mashed Sweet Potatoes
4 oz	Squash & Zucchini	4 oz	Capri Vegetable Blend	4 oz	Refried Beans	4 oz	Carrots	4 oz	Garden Seasoned Broccoli
1 ea	Dinner Roll	1 pc	Wheat Bread		Flour Tortillas/Salsa/Sour Cream	1 ea	Roll	1 pc	Wheat Bread
1 ea	Key Lime Bars	1 pc	Cheesecake	4 oz	Mandarin Oranges	1 ea	Peanut Butter Cookie	1 pc	Carrot Cake
May 10, 2021		May 11, 2021		May 12, 2021		May 13, 2021		May 14, 2021	
3 oz	Hamburger w/Bun	3 oz	Orange Glazed Chicken	3 oz	Veal Picatta	3 oz	Turkey Pot Roast	6 oz	Beef Macaroni Casserole
4 oz	Hashbrown Casserole	4 oz	Garden Rice Blend	4 oz	Parsley Noodles	4 oz	Whipped Sweet Potatoes	4 oz	Whole Baby Carrots
4 oz	Coleslaw	4 oz	Sugar Snap Peas	4 oz	Lima Beans	4 oz	Spinach	1 pc	Wheat Bread
1 pc	Red Gelatin Cake	1 ea	Dinner Roll	1 ea	Buttered Breadstick	1 ea	Dinner Roll	1 pc	Cherry Pie
		4 oz	Chocolate Pudding	1 ea	Oatmeal Cookie	1 pc	Texas Sheet Cake		
May 17, 2021		May 18, 2021		May 19, 2021		May 20, 2021		May 21, 2021	
3 oz	Honey Glazed Pork Chop	3 oz	Crispy Lemon Chicken	3 oz	Country Fried Steak w/Gravy	6 oz	Chicken Fettucine Alfredo	3 oz	Veal Marsala
4 oz	Long Grain Wild Rice	4 oz	Red Bliss Potatoes	4 oz	Mashed Potatoes	4 oz	Baby Carrots	4 oz	Mashed Potatoes
4 oz	Garden Seasoned Broccoli	4 oz	Capri Vegetable Blend	4 oz	Peas and Pearl Onions	1 pc	Garlic Toast	4 oz	Green Peas
1 pc	Wheat Bread	1 ea	Dinner Roll	1 ea	Southern Style Biscuit	1 pc	Pie	1 pc	Wheat Bread
1 ea	Peanut Butter Brownie	4 oz	Blueberry Crisp	4 oz	Red Velvet Cake			1 ea	Raspberry Chocolate Cookie
May 24, 2021		May 25, 2021		May 26, 2021		May 27, 2021		May 28, 2021	
3 oz	Maple Glazed Chicken	3 oz	Braised Beef Tips	3 oz	Chicken Parmesean	3 oz	Creamy Swiss Beef	3 oz	Fried Chicken
4 oz	Baked Sweet Potato	4 oz	Roasted Potato Medley	4 oz	Parmesan Noodles	4 oz	Garden Rice Blend	4 oz	Mashed Potatoes
4 oz	Key West Vegetables	4 oz	Zucchini and Squash	4 oz	Italian Green Beans	4 oz	Sauteed Mushrooms	4 oz	Mixed Vegetables
1 ea	Dinner Roll	1 ea	Biscuit	1 ea	Breadstick	1 pc	Wheat Bread	1 ea	Dinner Roll
1 pc	Buttermilk Custard Pie	1 ea	Lemon Cookie	4 oz	Pudding and Cookie Parfait	4 oz	Mandarin Oranges	1 pc	Strawberry Shortcake
May 31, 2021		June 1, 2021		June 2, 2021		June 3, 2021		June 4, 2021	
CLOSED FOR MEMORIAL DAY 		3 oz	BBQ Ribs	3 oz	Tuna Patty	3 oz	Spinach Artichoke Chicken	3 oz	Baked Ziti
		4 oz	Baked Beans	4 oz	Scalloped Potatoes	1 ea	Buttered Noodles	4 oz	Cauliflower
		4 oz	Creamy Coleslaw	4 oz	Corn	4 oz	Carrots	4 oz	Garlic Toast
		1 ea	Corn Bread	1 pc	Wheat Bread	1 ea	Dinner Roll	1 ea	Watermelon
		1 ea	Vanilla Shortbread Cookie	1 ea	Diced Pears	1 ea	Cherry Chocolate Bar	1 pc	Parmesan Cheese



Serving the Seniors of Shelby County



MENUS/FOOD PREPARATION: Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions call 937-492-6900 or view our website. Menus are subject to change. All meals served with milk or milk substitute. We offer fruit in place of sweets; please call Nutrition Services if you wish this substitution.

CONSUME MEAL IMMEDIATELY OR REFRIGERATE

REHEATING: Peel back film to vent or slit film. Microwave: Reheat 2-3 minutes or Conventional Oven: Place on cookie sheet, heat at 350 degrees for 10 minutes.

ROUTE CLOSINGS: We announce any closing on WMVR Radio 105.5 and also attempt to phone you. Please keep us informed of changes in phone numbers.

DELIVERY TIMES: Your delivery times may vary from day to day. Please be patient with your drivers as they attempt to serve you in a safe and timely manner!

CANCELLATIONS: We cannot leave meals if you are not home. Please cancel in advance by informing your driver or calling Nutrition Services at 937-492-6900.