

# November, 2021

## NUTRITION SERVICES OF SHELBY COUNTY

937-492-6900

Menu Posted at: <https://fairhavenservices.com/our-services/nutritional-services>

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>November 1, 2021</b>		<b>November 2, 2021</b>		<b>November 3, 2021</b>		<b>November 4, 2021</b>		<b>November 5, 2021</b>	
3 oz	Salisbury Steak w/Gravy	3 oz	Chicken Cordon Bleu	3 oz	Tuna Salad on Croissant	6 oz	Chicken & Noodles	6 oz	Baked Ziti
4 oz	Mashed Potatoes	4 oz	Rice Pilaf	4 oz	Potato Salad	4 oz	Mashed Potatoes	4 oz	Cauliflower
4 oz	Green Beans	4 oz	Prince Charles Veg. Blend	4 oz	Celery Sticks	4 oz	Carrots	1 pc	Garlic Toast
1 ea	Dinner Roll	1 ea	Dinner Roll	1 pkg	Ranch Dressing	1 pc	Wheat Bread	4 oz	Watermelon
1 ea	Toffee Pecan Bar	4 oz	Mandarin Oranges	4 oz	Diced Pears	1 pc	Cherry Chocolate Bar	1 pkg	Parmesan Cheese
<b>November 8, 2021</b>		<b>November 9, 2021</b>		<b>November 10, 2021</b>		<b>November 11, 2021</b>		<b>November 12, 2021</b>	
6 oz	Tuna Noodle Casserole	3 oz	Hamburger on Bun	3 oz	Shredded BBQ Pork Sandwich	<p>WE WILL BE CLOSED ON <b>VETERANS DAY</b></p> 		6 oz	Johnny Marzetti
4 oz	Carrots	4 oz	Sunchips	4 oz	Roasted Potato Medley			4 oz	Carrots
1 ea	Buttered Breadstick	4 oz	Coleslaw	4 oz	Green Beans			1 pc	Garlic Bread
1 ea	Ginger Spiced Blondie Bar	1 ea	Chocolate Chip Cookie	1 ea	Turtle Squares			1 ea	Cookie
<b>November 15, 2021</b>		<b>November 16, 2021</b>		<b>November 17, 2021</b>		<b>November 18, 2021</b>		<b>November 19, 2021</b>	
3 oz	Cheeseburger on Bun	6 oz	Turkey Bacon on Croissant	6 oz	Beef Stew with Vegetables	6 oz	Chicken Noodle Soup	3 oz	Beef Burgundy
4 oz	Seasoned Potatoes	1 pkg	Potato Chips	1 ea	Biscuit	2 pkg	Saltine Crackers	4 oz	Red Skin Mashed Potatoes
	Lettuce, Onion & Tomato	4 oz	Carrot Sticks	1 ea	Butterscotch Brownie Parfait	3 oz	Cheese Cubes	4 oz	Sugar Snap Peas
1 pc	Carrot Cake	4 oz	Fruit			4 oz	Cucumber Slices	1 ea	Dinner Roll
						1 ea	Strawberry Applesauce	4 oz	Apple Cobbler
<b>November 22, 2021</b>		<b>November 23, 2021</b>		<b>November 24, 2021</b>		<b>November 25, 2021</b>		<b>November 26, 2021</b>	
3 oz	Fire Braised Pork Shoulder	3 oz	Meatloaf	3 oz	Roasted Turkey	<p><b>CLOSED</b></p> 			
4 oz	Augrautin Potatoes	4 oz	Mashed Potatoes w/Gravy	4 oz	Stuffing				
4 oz	Baked Beans	4 oz	Prince Charles Veg. Blend	4 oz	Green Bean Casserole				
4 oz	Cherry Cobbler	1 ea	Southern Style Biscuit	1 ea	Dinner Roll				
1 pc	Wheat Bread	1 ea	Snickerdoodle Cookie	1 pc	Pumpkin Pie				
<b>November 29, 2021</b>		<b>November 30, 2021</b>		<b>December 1, 2021</b>		<b>December 2, 2021</b>		<b>December 3, 2021</b>	
6 oz	Chicken and Dumplings	6 oz	Chili w/Beans	6 oz	Cheese Ravioli w/sauce	6 oz	Beef and Noodles	3 oz	Ham Steak
4 oz	Peas & Carrots	4 oz	Raw Carrots with Ranch	4 oz	Peas	4 oz	Dilled Carrots	4 oz	Sweet Potato Casserole
1 ea	Biscuit	1 pc	Combread	1 ea	Breadstick	1 ea	Banana	4 oz	Corn
1 pc	Pumpkin Cake	4 oz	Peaches & Cream Parfait	1 ea	Chocolate Chip Blondie	1 pc	Wheat Bread	1 ea	Dinner Roll
								1 ea	Peanut Butter Brownies

**MENUS/FOOD PREPARATION:** Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions call 937-492-6900 or view our website. Menus are subject to change. All meals served with milk or milk substitute. We offer fruit in place of sweets; please call Nutrition Services if you wish this substitution.

**CONSUME MEAL IMMEDIATELY OR REFRIGERATE.**

**REHEATING :** Peel back film to vent or slit film. *Microwave:* Reheat 2-3 minutes or *Conventional Oven:* Place on cookie sheet, heat at 350 degrees for 10 minutes.

**ROUTE CLOSINGS:** We announce any closing on WMVR Radio 105.5 and also attempt to phone you. Please keep us informed of changes in phone numbers.

**DELIVERY TIMES:** Your delivery times may vary from day-to-day. Please be patient with your drivers as they attempt to serve you in a safe and timely manner!

*Serving the  
Seniors of  
Shelby County*

